



SPITALUL DE PNEUMOFITIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

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**MENIUL ZILEI - 24.08.2026 - TBC-MDR**

**Luni**

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                                                   | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                  | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,D: Ceai, branza telemea, rosie, ou fiert<br>300/100/1buc/1buc<br>R,Rh,Dds: Ceai, branza vaci rosie, ou fiert<br>300/100/1buc/1buc<br>Rg,Rd: Ceai, paine prajita, branza vaci, ou fiert<br>300/100/1buc<br>Rs: Ceai, pate vegetal, branza vaci, rosie<br>300/1 buc/100/1buc | <b>Felul I:</b><br>C,R,Rs,Rh,D,Dds: Ciorba de fasole verde 400<br>Rg,Rd: Supa de pui cu fidea 400/80<br><br><b>Felul II:</b><br>C,R,Rh,D,Dds: Gulas de vita 300/100<br>Rs: Cartofi prajiti cu salata de rosii 300/200<br><br><b>Desert:</b> C,R,Rh,Rs,Rg: Minicheg(50g) 1buc<br>D,Dds: Mar 1buc<br>Rd,Dh: Mar copt 1buc | <b>Felul I:</b><br>C,R,Rd,Rh,Rg: Orez sarbesc cu pipote de pui 300/50<br>D,Dds: Tocana de legume cu pipote pui 300/50<br>Rs: Orez cu curry si legume 300<br><br><b>Felul II:</b><br>C,R,Rh,Rg: Compot de piersici 300<br>D,Dds: Compot dietetic asortat 300<br>Rg: Ceai de menta, paine prajita, branza vaci 300/100g |

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: Iaurt(130g)  
SUPLIMENT DIABET, Dds: ora 16,00: Branza Fagaras(185g)  
SUPLIMENT DIABET, Dds: ora 20,00: Pui pe plita

Legenda:

C - comun  
R - regim desodat  
Rh - regim hepatic  
Rsp - regim special  
  
Rd - regim diareic  
D - diabet  
Dds - diabet desodat  
Rg - regim gastric

Intocmit:  
As. Radu Cristina



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**Marti** **MENIUL ZILEI – 25.08.2026 – TBC-MDR**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                                                            | <b>Pranz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                    | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,R,Rh,D,Dds:</b><br>Ceai,salam,cascaval,rosie<br>300/100g/100g/1buc<br>Rd,Rg: Ceai,paine<br>prajita,branza vaci<br>300//1oog<br>Rs,Rh: Ceai,branza<br>vacii,rosie,unt,gem<br>300//1oog/1 buc/2 buc/2 buc | <b>Felul I:</b><br>C,R,Rh,D,Dds: Ciorba de pui a la grec<br>Rh,Rd,Rg,Dds: Supa de pui cu legume<br>Rs:Supa de linte<br><br><b>Felul II:</b><br>C,R,D,Dds: Ardei umplut cu sos de rosii si smantana 300/120<br>Rs:Ardei umplut cu orez + sos de rosii si smantana 300/120<br>Rd,Rg,Rh: Sote de legume cu pui la cuptor 300/120<br><br><b>Desert:</b> C,R,Rh,Rs:Prajitura Casei(60g)<br>D,Dds:Kiwi<br>Rd,Rg:Banana | <b>Felul I:</b><br>C,R: Cartofi taranesti cu kaizer si carmati 300/50/50<br>Rh,Rg,Rd: Cartofi natur cu pui la cuptor 300/80<br>D,Dds: Tocanita dietetica cu pui 300/80<br>Rs: Cartofi taranesti cu ciuperci 300/100<br><br><b>Felul II:</b><br>C,R,Rh,Rs:Compot ananas 300<br>D,Dds:Compot dietetic asortat 300<br>Rg,Rd: Ceai de menta+ Biscuiti (100g) 300+ 1buc |

SUPLIMENT DIABET,Dds,Rg,Rs:ora 10,00:Iaurt(130gr)  
SUPLIMENT DIABET,Dds:ora 16,00:Conserva peste(185g)  
SUPLIMENT DIABET,Dds: ora 20,00:Cascaval pane

Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regimdiareic

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



+SPITALUL DE PNEUMOTIZIOLOGIE FLOREȘTI  
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### Miercuri

### MENIUL ZILEI – 26.08.2026 - TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                   | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                              | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,D,Dds; Ceai, pate<br>ficat(100g), cascaval, castraveti<br>300/1 buc. /100g/1buc<br>Rs: Ceai, pate vegetal(100g), cascaval<br>300/1buc. /100g<br>Rg,Rd: Ceai, paine prajita, branza vaci, ou<br>fiert<br>300/100g/1buc | <b>Felul I:</b><br>C,R,Rh,D: Cioba de dovlecei a la grec 400<br>Rd,Rg: Supa de morcovi 400<br>Rs: Cioba de dovlecei 400<br><br><b>Felul II:</b><br>C,R: Pilaf pulpe pui la cuptor 300/120<br>Rg,Rh: Orez cu piept de pui la cuptor 300/120<br>D,Dds: Mancare de rosii cu pui 300/120<br>Rs: Orez cu curry si snitel de soia 300/120<br><br><b>Desert:</b> C,R,Rh,Rs,D,Dds: Nectarine 1buc.<br>Rg,Rd: Mar copt 1buc. | <b>Felul II:</b><br>C,R,D,Dds: Mancare de spanac cu ficat de pui 300/80<br>Rh,Rg,Rd: Conopida gratinata cu ficat pui la capac 300/80<br>Rs: Conopida gratinata cu cascaval 300/100<br><br><b>Felul II:</b><br>C,R,Rd,Rg,Rh,Rs: Budinca de paste cu branza 300/100<br>D,Ds: Paste cu branza 100/100 |

SUPLIMENT DIABET,D,Dds,Rs,Rg,ora 10,00:laurt(130gr)

SUPLIMENT DIABET,Dds:ora 16,00:Piept de pui pe plita

SUPLIMENT DIABET,Dds: ora 20,00:laurt(130gr)

### LEGENDA:

C – comun

R – regim desodat

Rh- regim hepatic

Rsp- regim special

Rd –regimdiareic

D – diabet

Dds – diabet desodat

Rg- regim gastric

Intocmit:

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**MENIUL ZILEI - 27.08.2026 - TBC-MDR**

**Joi**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                                                                                                                 | <b>Prânz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,D:</b> Ceai, parizer, branza telemea<br>300/100/100<br><b>R,Rh,Dds:</b> Ceai, parizer, branza vaci<br>300/100/100<br><b>Rg,Rd:</b> Ceai, paine prajita, unt, branza vaci<br>300/2buc/100<br><b>Rs:</b> Ceai, pate vegetal(100g), branza vaci<br>300/1buc/100 | <b>Felul I:</b><br><b>C,R,D:</b> Ciorba cu ciolan afumat<br>400/80<br><b>Dds:</b> Ciorba de pui dreasa<br>400/80<br><b>Rs:</b> Ciorba de legume<br>400<br><br><b>Felul II:</b><br><b>C,R:</b> Piure cartofi cu snitel de pui<br>300/120<br><b>Rd,Rh,Rg:</b> Piure cartofi cu piept de pui pe plita<br>300/120<br><b>D,Dds:</b> Mancare de dovlecei cu snitel de pui<br>300/120<br><b>Rs:</b> Piure cartofi cu ciuperci umplute cu cascaval<br>300/100<br><br><b>Desert:</b> C,R,Rh, Rs, D, Dds: Mar<br>1buc<br><b>Rd,Rg:</b> Mar copt<br>1buc | <b>Felul I:</b><br><b>C,R,Rh,D:</b> Mancare de fasole verde cu pui<br>300/80<br><b>Rd:</b> Sote de fasole verde cu pui<br>300/80<br><b>Rs:</b> Mancare de fasole verde cu snitel soia<br>300/120<br><br><b>Felul II:</b><br><b>C,R,Rh, Rs:</b> Gris cu lapte<br>300<br><b>D,Dds:</b> Lapte neindulcit<br>300<br><b>Rd:</b> Ceai de menta + Biscuiti (100g)<br>300/1buc |

SUPLIMENT DIABET, Rg, Rd, Rs: ora 10,00: Iaurt (130 g)

SUPLIMENT DIABET, Dds: ora 16,00: Branza Fagaras (185g)

SUPLIMENT DIABET, Dds: ora 20,00: Pate ficat (100g)

**Legenda:**

C -- comun

R -- regim/desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regim diareic

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



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# Vineri

## MENIUL ZILEI – 28.08.2026 – TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                                 | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                              | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,D,Dds:<br>Ceai, cremwursti, mustar, branza topita<br>300/1 buc/30gr./2buc<br>Rd,Rg,Rs: Ceai, paine prajita, branza vaci, ou fiert<br>300//100g/1buc | <p><b>Felul I:</b><br/>C,R,Rh,D,Dds: Supa de pui cu taitei de casa 400/50<br/>Rd,Rs: Supa de morcovi 400</p> <p><b>Felul II:</b><br/>C: Mancare de mazare cu carnati 300/120<br/>R,Rh,D,Dds: Sote de legume cu pui la cuptor 300/120<br/>Rs Mancare de mazare cu sintel soia 300/120<br/>Rg,Rd: Sote de legume cu pui la cuptor 300/120</p> <p><b>Desert:</b> C,R,Rh,Rs: Croissant(80g) 1buc<br/>D,Dds: Mar 1buc<br/>Rd,Rg: Biscuiti(100g) 1buc</p> | <p><b>Felul I:</b><br/>C,R,Rh,Rg,D,Dds: Tocanita dobrogeana cu pipote pui 300/80<br/>Rd,Rg: Orez cu pipote de pui 300/80<br/>D,Dds: Tocana de legume cu pipote de pui 300/80<br/>Rs: Tocana de legume cu ciuperci la cuptor 300/100</p> <p><b>Felul II:</b><br/>C,R,Rh,Rs: Compot de visine 300<br/>D,Dds: Compot dietetic asortat 300<br/>Rg,Rd: Ceai de menta+ Biscuiti (100g) 300+ 1buc</p> |

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: Iaurt(130gr)  
SUPLIMENT DIABET, Dds: ora 16,00: Ficat de pui la capac  
SUPLIMENT DIABET, Dds: ora 20,00: Branza vaci

### Legenda:

C -- comun  
R -- regim desodat  
Rh- regim hepatic  
Rsp- regim special

Rd -- regim diareic  
D -- diabet  
Dds -- diabet desodat  
Rg -- regim gastric

Intocmit:  
As. Radu Cristina



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### Sambata

### MENIUL ZILEI -29.08.2026 - TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                     | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,Rd,Rg,D,Dds: Ceai, omleta dietetica cu sunca pui si branza de vaci 300/2buc/25/100<br>Rs: Ceai, unt, gem, branza vaci 300/2buc/2buc/100 | <b>Felul I</b><br>C,R,Rg,Rh,D,Dds: Supa de rosii cu pui 400/80<br>Rs: Supa de rosii cu fidea 400<br>Rg,Rd: Supa de morcovi cu pui 400/80<br><br><b>Felul II:</b><br>C,D,Dds: Varza cu kaizer si mamaliguta 300/120/200<br>R,Rh: Varza cu pui la cuptor si mamaliguta 300/120/200<br>Rs: Varza cu sarnale de post si mamaliguta 300/120/200<br><br><b>Desert:</b> C,R,Rh,Rs: Prajitura Casei (60g) 1buc.<br>D,Dds: Kiwi 1buc.<br>Rg,Rd: Biscuiti Digestivi (400) 1/2buc | <b>Felul I:</b><br>C,R: Paste milaneze cu sunca si ciuperci 300/50/50<br>Rg,Rd,Rh: Paste cu pui la cuptor 300/80<br>D,Dds: Tocanita de ciuperci cu pui si mamaliguta 300/100/200<br><br>Rs: Tocanita de ciuperci cu mamaliguta 300/200<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Cacao culapte 300<br>D,Dds: Cacao cu lapte neindulcit 300<br>Rd: Ceai de menta + Biscuiti (100g) 300/1buc |

SUPLIMENT DIABET, Rg, Rd: ora 10,00: Iaurt (130 gr.) 1buc

SUPLIMENT DIABET, Dds: ora 16,00: Branza Fagaras (185g) 1buc

SUPLIMENT DIABET, Dds: ora 20,00: Cascaval 100g

#### Legenda:

C -- comun

R -- regim/desodat

Rh- regim hepatic

Rsp- regim special

Rd --regimdiareic

D -- diabet

Dds -- diabetdesodat

Rg -- regim gastric

Intocmit:  
As. Radu Cristina

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**Duminica** **MENIUL ZILEI –30.08.2026 - TBC-MDR**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                                                                      | <b>Pranz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,R,D:</b> Ceai,salam,cascaval<br>300/100/100<br><b>Rd,Rg:</b> Ceai-paine prajita,cascaval<br>300/100<br><b>Dds:</b> Ceai,unt, cascaval<br>300/2buc/100<br><b>Rs,Rh:</b> Ceai,unt,gem,cascaval<br>300/2buc/2buc/100 | <b>Felul I:</b><br>C,R,Rh,Rg,D,Dds: Ciorba de vita<br>Rs: Supa de rosii cu fidea<br>Rd:Supa de morcovi<br>400/80<br>400<br>400<br><br><b>Felul II:</b><br>C,R,D,Dds: Tochitura cu mamaliguta<br>Rh,Rg,Rd: Fasole verde cupui la cuptor<br>Rs: Brocoli cu smantana si cascaval<br>300/120/200<br>300/120<br>300/100<br><br><b>Desert:</b> C,R,Rh,Rg,Rs: Biscuiti(100g)<br>D,Dds: Nectarine<br>Rd: Biscuiti(100g).<br>1buc<br>1buc<br>1buc | <b>Felul I:</b><br>C,R,Rh,Rg,Rs: Cartofi gratinati cu branza si cascaval<br>300/100/25<br>D,Dds: Sote de legume cu cascaval pane 300/100<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Compot de piersici 300<br>D,Dds: Compot dietetic asortat 300<br>Rg: Ceai de menta + Biscuiti(100) 300/1buc |

SUPLIMENT DIABET,Dds,Rg,Rs: ora 10,00: Iaurt(130g)  
SUPLIMENT DIABET,Dds: ora 16,00: Conserva peste(185g)  
SUPLIMENT DIABET,Dds: ora 20,00: Pate ficat(100g)

Legenda:

C – comun  
R – regim desodat  
Rh- regim hepatic  
Rsp- regim special  
Rd –regim diareic  
D – diabet  
Dds – diabet desodat  
Rg –regim gastric

Intocmit:  
As. Radu Cristina