



SPITALUL DE PNEUMOFITIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



# **MENIUL ZILEI – 31.08.2026 - TBC-MDR**

| MENIUL ZILEI - 31.08.2026 - IBC-MDR                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mic dejun:</b> ora 08,15-09,00<br>C,R,Rh: Ceai, unt, gem, pate ficat(100g)<br>300/2 buc/2 buc/1buc<br>D,Dds: Ceai, pateficat(100g), branza topita, ou fiert<br>300/1 buc/2 buc/1buc<br>Rg,Rd: Ceai, paine prajita,, branza vaci, ou fiert<br>300/100/1 buc<br>Rs: Ceai, unt, gem, branzavaci, rosie, castravete<br>300/2buc/2buc/100/1buc/1 buc | <b>Pranz:</b> ora 13,00-13,45<br><br><b>Felul I:</b><br>C,R,Rh,D,Dds: Ciorba de pui a la grec 400/80<br>Rd,Rg: Supa de pui cu morcov 400/80<br>Rs:Ciorba de legume 400<br><br><b>Felul II:</b><br>C,R,D,Dds:Tocanita taraneasca cu carne de porc 300/120<br>R,Rg,Rh :Cartofi natur cu pui la tava 300/120<br>Rs:Tocanita taraneasca cu snitel soia 300/120<br><br><b>Desert:</b> C,R,Rh,Rs: Croissant(80g) 1buc<br>Rg,Rd:Mar copt 1buc<br>D,Dds: Mar 1buc |
|                                                                                                                                                                                                                                                                                                                                                    | <b>Cina:</b> ora 17,45-18,30<br><br><b>Felul I:</b><br>C,R,Rh,Rg,D,Dds: Budinca de legume cu piept de pui 300/50<br>Rs: Budinca de legume cu cascaval 300/100<br><br><b>Felul II:</b><br>C,R,Rh,Rs:Compot de visine 300<br>Rg:laurt(130gr) + Biscuiti(100g) 300/100<br>D,Dds:Compot dietetic asortat 300                                                                                                                                                  |

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: laurt (130gr)

SUPLIMENT DIABET: ora 16,00: Branza Fagaras (185g)

SUPLIMENT DIABET: ora 20,00 laurt (130gr)

## Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regimdiaric

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



SPITALUL DE PNEUMFTIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



# Marti

## MENIUL ZILEI -01.09.2026 - TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                            | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                           | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,D: Ceai, parizer, branza telemea<br>300/100/100<br>R,Rh,Dds: Ceai, parizer, branza vaci<br>300/100/100<br>Rg,Rd: Ceai, paine prajita, unt, branza vaci<br>300/2buc/100<br>Rs: Ceai, pate vegetal(100g), branza vaci<br>300/1buc/100 | <b>Felul I:</b><br>C,R,D: Ciorba cu ciolan afumat<br>Dds: Ciorba de pui dreasa<br>Rs: Ciorba de legume<br><br><b>Felul II:</b><br>C,R: Piure cartofi cu snitel de pui<br>Rd,Rh,Rg: Piure cartofu piept de pui pe plita<br>D,Dds: Mancare de dovlecei cu snitel de pui<br>Rs: Piure cartofi cu ciuperci umplute cu cascaval 300/100<br><br><b>Desert:</b> C,R,Rh,Rs,D,Dds: Mar<br>Rd,Rg: Mar copt | <b>Felul I:</b><br>C,R,Rh,D: Mancare de fasole verde cu ficat pui 300/80<br>Rd: Sote de fasole verde cu pui 300/80<br>Rs: Mancare de fasole verde cu snitel soia 300/120<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Gris cu lapte 300<br>D,Dds: Lapte neindulcit 300<br>Rd: Ceai de menta + Biscuiti (100g) 300/1buc |

SUPLIMENT DIABET, Rg, Rd, Rs: ora 10,00: Iaurt(130 g)  
SUPLIMENT DIABET, Dds: ora 16,00: Cremwursti cu mustar  
SUPLIMENT DIABET, Dds: ora 20,00: Pate ficat(100g)

### Legenda:

C -- comun  
R -- regim/desodat  
Rh- regim hepatic  
Rsp- regim special  
  
Rd --regim diareic  
D -- diabet  
Dds -- diabet desodat  
Rg -- regim gastric

Intocmit:  
As. Radu Cristina



SPITALUL DE PNEUMOFIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



### Miercuri

### MENIUL ZILEI - 02.09.2026 - TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                                             | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                              | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                                 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,Rh,D: Ceai, sunca pui, branza topita<br>300/1buc/30gr./2buc<br>Dds: Ceai, unt, branza vaci, rosie<br>300/2buc/100/1 buc<br>Rd,Rg: Ceai, paine prajita, branza vaci, ou fiert<br>300//1oog/1buc<br>Rs: Ceai, branza vaci, rosie, unt, gem<br>300/100/1buc/2buc/2buc | <b>Felul I</b><br>C,R,Rg,Rh,D,Dds: Supa de pui cu fidea 400/80<br>Rs: Supa de rosii cu fidea 400<br>Rg,Rd: Supa de morcovi cu pui 400/80<br><br><b>Felul II:</b><br>C,R,D,Dds: Mancare de spanac cu carne de porc la tava 300/120<br>Rs: Mancare de spanac cu cascaval pane 300/100<br>Rh,Rd,Rg: Conopida gratinata cu piept de pui 300/120<br><br><b>Desert:</b> C,R,Rh,Rs: Prajitura Magura (35g) 1buc.<br>D,Dds: Kiwi 1buc.<br>Rg,Rd: Biscuiti Digestiv(400) 1/2 | <b>Felul I:</b><br>C,R: Paste milaneze cu sunca si ciuperci 300/50/50<br>Rg,Rd,Rh: Paste cu pui la cuptor 300/80<br>D,Dds: Tocanita de ciuperci cu pui si mamaliguta 300/100/200<br>Rs: Paste cu ciuperci 300/200<br><br><b>Felul II:</b><br>C,R,Rh,Rs: Compot de visine 300<br>D,Dds: Compot dietetic asortat 300<br>Rg,Rd: Ceai de menta+ Biscuiti (100g) 300+ 1buc |

SUPLIMENT DIABET, Rg, Rd: ora 10,00: Iaurt (130 gr.) 1buc  
SUPLIMENT DIABET, Dds: ora 16,00: Conserva peste (185g) 1buc  
SUPLIMENT DIABET, Dds: ora 20,00: Branza Fagaras (185g) 1buc

### Legenda:

C -- comun  
R -- regim/desodat  
Rh- regim hepatic  
Rsp- regim special  
Rd --regim diareic  
D -- diabet  
Dds -- diabet desodat  
Rg -- regim gastric

Intocmit:  
As. Radu Cristina



SPITALUL DE PNEUMOFIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



Joi

**MENIUL ZILEI – 03.09.2026 – TBC-MDR**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                      | <b>Pranz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                            | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| C,R,D,Dds: Ceai, pate ficat, ou fiert<br>300/100/1buc<br>Rd,Rg,Rh: Ceai, paine prajita, cascaval<br>300/100<br>Rs: Ceai, pate vegetal (100g), cascaval<br>300/1buc/100 | <b>Felul I:</b><br>C,R,Rh,D,Dds: Ciorba de vita<br>Rd,Rg: Supa de pui cu fidea<br>Rs: Ciorba de dovlecei<br><br><b>Felul II:</b><br>C,R,D,Dds: Varza a la Cluj cu mamaliguta<br>Rg,Rh,Rd: Sote de legume cu pui la cuptor<br>Rs: Varza a la Cluj cu orez si mamaliguta<br><br><b>Desert:</b> C,R,Rh,Rs,Rg,Rd,D,Dds: Kiwi | <b>Felul I:</b><br>C,D: Ghiveci calugaresc cu kaizer<br>R,Rh,Dds: Ghiveci calugaresc cu pui<br>Rg: Cartofi copti cu pui la tava<br>Rs: Ghiveci calugaresc<br><br><b>Felul II:</b><br>C,R,Rh,Rg,Rs: Paste cu lapte<br>D,Dds: Lapte neindulcit<br>Rd: Ceai de menta + Biscuiti (100g)<br>300/1buc |

SUPLIMENT DIABET, Dds, Rg, Rs: ora 10,00: Iaurt (130g)

SUPLIMENT DIABET, Dds: ora 16,00: Cascaval pane

SUPLIMENT DIABET, Dds: ora 20,00: Iaurt (130g)

Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regim diareic

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



SPITALUL DE PNEUMFTIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



# Vineri

## MENIUL ZILEI - 04.09.2026 - TBC-MDR

| Mic dejun: ora 08,15-09,00                                                                                                                                                                                                                      | Pranz: ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                    | Cina: ora 17,45-18,30                                                                                                                                                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C,R,Rh,Rs:</b> Ceai, unt, gem, cascaval, rosie<br>300/2buc/2buc/100g/1buc<br><b>D,Dds:</b> Ceai, pate ficat, unt, cascaval, rosie<br>300/100g/2buc/100g/1buc<br><b>Rg,Rd:</b> Ceai, paine prajita, branza vaci, pate ficat<br>300//100g/100g | <b>Felul I:</b><br><b>C,R,D,Dds:</b> Ciorba de perisoare<br><b>Rg,Rd,Rh:</b> Supa de pui cu legume<br><b>Rs:</b> Supa de linte<br><br><b>Felul II:</b><br><b>C,R,Rh:</b> Pilaf cu pulpe de pui la cuptor<br><b>Rg:</b> Orez cu pulpe de pui la cuptor<br><b>D,Dds:</b> Mancare de rosii cu pui<br><b>Rs:</b> Orez cu curry si ciuperci la tava<br><br><b>Desert:</b> C,R,Rh,Rs,D,Dds: Nectarine<br><b>Rg,Rd:</b> Mar copt | <b>Felul I:</b><br><b>C,R:</b> Tocanita de cartofi cu ficat de pui 300/80<br><b>R,Rh,Rg,Rd,D,Dds:</b> Sote de legume cu ficat de pui la capac 300/80<br><b>Rs:</b> Salata orientala 300<br><br><b>Felul II:</b><br><b>C,R,Rh,Rg,Rs:</b> Cacao cu lapte 300<br><b>D,Dds:</b> Cacao cu lapte neindulcit 300<br><b>Rd:</b> Ceai de menta + Biscuiti (100g) 300/1buc |

SUPLIMENT DIABET, Rs, Rg, ora 10,00: Iaurt (130gr)  
 SUPLIMENT DIABET: ora 16,00: Conserva peste (185g)  
 SUPLIMENT DIABET: ora 20,00: Pate ficat (100g)

### Legenda:

C -- comun

R -- regim desodat

Rh- regim hepatic

Rsp- regim special

Rd -- regim diareic

D -- diabet

Dds -- diabet desodat

Rg -- regim gastric

Intocmit:

As. Radu Cristina



SPITALUL DE PNEUMOFITIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbflorestiph@yahoo.com



### Sambata

### MENIUL ZILEI - 05.09.2026 - TBC -MDR

|                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mic dejun:</b> ora 08,15-09,00<br>C,R,Rh,RdD,Dds: Ceai, omleta dietetica cu sunca pui si branza de vaci<br>300/2buc/25/100<br>Rs: Ceai, unt, gem, branza telemea<br>300/2buc/2 buc//100g | <b>Pranz:</b> ora 13,00-13,45<br><b>Felul I:</b><br>C,R,Rh,D: Ciorba de pui cu legume<br>Rg,Rd: Supa de morcovi cu pui<br>Rs: Ciorba de legume<br><br><b>Felul II:</b><br>C: Iahnie de fasole cu ciolan afumat<br>R,Rh,D,Dds: Mancare de fasole verde cu<br>Rg,Rd: Conopida gratinata cu pui<br>Rs: Brocoli cu unt si cascaval | <b>Cina:</b> ora 17,45-18,30<br><b>Felul II:</b><br>C,R,D,Dds: Mancare de conopida cu pui 300/100<br>Rh,Rg,Rd: Conopida gratinata cu pui la cuptor 300/100<br>Rs: Conopida gratinata cu snitel soia 300/120<br><br><b>Felul II:</b><br>C,R,Rh,Rg,Rd,Rs,D,Dds: Mamaliguta cu branza si smantana 200/185 |
| <b>SUPLIMENT DIABET, Dds, Rg, Rs:</b> ora 10,00: Iaurt (130gr)<br><b>SUPLIMENT DIABET, Dds:</b> ora 16,00: Conserva peste (185g)<br><b>SUPLIMENT DIABET, Dds:</b> ora 20,00: Pui pe plita   | <b>Desert:</b> C,R,Rh,Rs,Rg,Rd: Biscuiti (100g) 1buc<br>D,Dds: Mar 1buc<br><br>1buc.<br>1buc.<br>100g                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                        |

### Legenda:

C -- comun      Rd -- regimdiareic  
R -- regimdesodatD -- diabetIntocmit:  
Rh- regim hepatic      Dds -- diabet desodat  
Rsp- regim special      Rg -- regim gastric

As. Radu Cristina



SPITALUL DE PNEUMOFITIZIOLOGIE FLOREȘTI  
STR. Gh. Gr. Cantacuzino nr. 44, Jud. Prahova  
C.U.I.: 16616504z

Tel/fax: 0244 369.215/0244 369.321  
Email: tbcflorestiph@yahoo.com



### Duminica **MENIUL ZILEI -06.09.2026 - TBC-MDR**

| <b>Mic dejun:</b> ora 08,15-09,00                                                                                                                                                                                                                                              | <b>Pranz:</b> ora 13,00-13,45                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Cina:</b> ora 17,45-18,30                                                                                                                                                                                                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>C, R, Rh, D:</b> Ceai, parizer, branza topita<br>300/100/2buc<br><b>Dds:</b> Ceai, branza vaci, rosie, ou fierit<br>300/100/1buc/1buc<br><b>Rd:</b> Ceai, paine prajita, branza vaci<br>300/100g<br><b>Rs:</b> Ceai, branza vaci, rosie, unt, gem<br>300/100/1buc/2buc/2buc | <b>Felul I:</b><br>C, R, Rd, Rh, Rg, D, Dds: Supa de pui cu taitei de casa 400/80<br>Rs: Ciorba de spanac cu orez 400<br><b>Felul II:</b><br>C, R: Ciulama cu pui si ciuperci + mamaliguta 300/120/200<br>Rg, Rd, Rh: Sufleu din branza de vaci cu morcov si pui la cuptor 300/120<br>D, Dds: Tocanita de ciuperci cu pui si mamaliguta 300/120/200<br>Rs: Tocanita de ciuperci cu mamaliguta 300/200<br><b>Desert:</b> C, R, Rh, Rs, Rg, Rd: Prajitura Casei (60g) 1buc<br>D, Dds: Mar 1buc | <b>Felul I:</b><br>C, D, Dds: Zacusca cu carnati 300/50<br>R, Dds: Zacusca cu pui 300/80<br>Rg, Rh: Budinca de legume cu pui 300/80<br>Rsp: Zacusca cu cascaval pane 300/100<br><b>Felul II:</b><br>C, R, Rh, Rg: Orez cu lapte 300<br>D, Dds: Orez cu lapte 100<br>Rd: Ceai de menta + Biscuiti (100g) 300/1buc |

SUPLIMENT DIABET, Dds, Rs, Rg: ora 10,00: Iaurt (130gr) 1buc.  
SUPLIMENT DIABET, Dds: ora 16,00: Pate ficat 100g  
SUPLIMENT DIABET, Dds: ora 20,00: Branza Fagaras (185g) 1buc

#### Legenda:

C – comun  
R – regim desodat  
Rh- regim hepatic  
Rsp- regim special  
Rd –regim diareic  
D – diabet  
Dds – diabet desodat  
Rg – regim gastric

Intocmit:  
As. Radu Cristina